



SKILLS4NURSES

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March 2023

Notícias sobre Enfermagem
Trabalhos De Obstetrícia
Empregos de Enfermagem

Lisboa Enfermagem UK NHS Jobs Fair
Friday 3rd March opening 09.30 -17.00
& Saturday 4th March 09.30 - 16.00

Are you ready to take your career to the United States?



Global Nurse Partners is a nurse placement agency that brings internationally experienced nurses and US healthcare facilities together for direct-hire permanent staff positions.

We've created a Partnership Program that empowers nurses to drive their careers and ensures a smooth transition to living and working in the US.



Our Partnership Program offers:

- + Permanent positions throughout the US
 - + Salaries based on years of exp and qualifications, incredible benefits, and ongoing professional development
 - + Assistance with US RN licensure
 - + Green card sponsorship for you and your family
 - + Clinical & acculturation programs
 - + Relocation assistance and a dedicated Welcome Week for set up
 - + Temporary housing and help finding a permanent home
 - + Hospital-provided clinical transition program
 - + Transition care management to support your clinical & sociocultural adjustment
- ✓ **Requirements**
Minimum 2 years (full-time) acute care experience in a hospital with 100 beds or more, and 1 year in current clinical specialty.

UK HOSPITALS NEED YOU **NOW !!!**

We are returning to Portugal to recruit, so come along to our JOBS FAIR.....



www.skills4nurses.com

‘Excellent Opportunity’

UK Nursing and Midwifery **JOBS FAIR LISBON**

Friday 3rd March & Saturday 4th March

Are you a Nurse or Midwife looking for a new job with fantastic prospects and great salary

We are looking
for highly motivated
caring and compassionate
Nurses of ALL Grades
and Disciplines

United Kingdom Hospitals are currently undergoing huge changes, with vast transformation and improvement programmes, our hospitals are amongst the very best in the world and deliver clinical services that are also amongst the very best anywhere.

We promote exceptional patient care and experience within all our hospitals & facilities. In Lisbon Friday 3rd & Saturday 4th March, we are looking to recruit Nurses & Midwives for positions within our Hospitals, we want highly motivated, experienced and innovated staff to come and speak with us.

If you are committed to providing the best care for our patients then we are currently looking to recruit Nurses of all grades, in particular Accident & Emergency, Renal, Surgery, Theatre, Medicine or any other grade.

Our Hospitals are modern with fantastic amenities and leisure facilities. Some benefits include Excellent Annual Leave, NHS Pension Scheme, Accommodation, Shopping Discounts, Employee Friendly Benefits including subsidised restaurants, Flexible working options, Support with child care vouchers and an NHS nursery, Low-cost home ownership schemes, Use of the

hospital gym and corporate membership at a leisure club, Travel to work options including a car share and cycle scheme and Further Career Development Opportunities.

Salaries starting from; 31.000 euros for a new graduate nurses, rising to 80.000 euros depending on experience and qualifications.

This is not Agency Work! National UK Hospital recruitment departments are coming to Lisbon to speak with YOU! Please take this opportunity to come along and see what great jobs are on offer, this is your chance to speak with an actual UK Hospital Recruiters.

Please bring your Passport or Identity Documents, all Nursing Qualifications, if you already have a police disclosure, bring that also. There is no need to register, simply come along for the day and have a talk with us. You can get further information by sending an email: jim@skills4nurses.com

The Jobs Fair is on Friday 3rd March, opening 09.30 - 17.00 & Saturday 4th March, 09.30 - 16.00.

ALTIS GRAND HOTEL LISBOA

SKILLS4NURSES

email jim@skills4nurses.com
www.skills4nurses.com

WELCOME TO THE UK NHS JOBS FAIR



PRODUCED IN ASSOCIATION WITH

SKILLS4NURSES

ALTIS GRAND HOTEL LISBOA

Friday 3rd & Saturday 4th March 2023

Friday 09.30 -17.00 & Saturday 09.30 - 16.00



NEW JOB, NEW CAREER, FIND IT HERE

**MEET LEADING EMPLOYERS FROM ACROSS THE UK
FIND A NEW JOB- WE HAVE HUNDREDS OF JOB OPPORTUNITIES**

Within the NHS we are passionate about achieving our shared aim of delivering world class care and putting the patient first at all times. We are rightly proud of our reputation, of our national and international healthcare system and of the people who work for us. This is a fantastic opportunity for you to come and talk with our leading cutting edge hospitals, meet our staff and learn about our positions that are available for your nursing skills

The NHS provides many clinical specialities, we care for adults and children from across the UK and beyond, our nurses too come from far and wide, already we have many Portuguese nurses who have chosen the UK to progress their nursing career. Your work can be straight forward or highly complex, either way it provides a unique environment in which nurses are able to develop their practical skills and clinical experience.

We have positions covering all aspects of nursing including; **General Staff Nursing, Adult, Paediatrics, Cardiology, Theatre, Recovery, Anaesthetists, Respiratory, Renal, Surgical, Emergency, Midwifery, Oncology, Physiotherapists, Nutritionists** and many many more.

STUDENTS & NEW GRADUATES

We welcome and want to meet with final year and new graduate nursing students. As a newly qualified nurse you will have a great future working for the NHS, join any of our close knit teams and you will provide care that you will be proud of. Whatever health specialist career you pursue, you will be valued for the amazing work that you do. Best of all you will enjoy the training and development opportunities you need to be the best you can be.

Growing your talent is a vital part of our patient focused agenda. We will nurture you to become fully integrated into the NHS way of working, which is why many NHS Hospitals now offer a Nursing Preceptorship Program which offers a range of innovative development opportunities including;

- Shadowing by an assigned mentor.
- Developing your clinical skills through work placements in our National Network.

Taking you on a real progression journey we will give you the tools and support with exposure to experts but you will be full control of your learning and development, so you must have the motivation to succeed.

In return for your hard work and dedication you will enjoy genuine job satisfaction and reassurance that you will be cared for the way you care for your patients- with respect for your individual needs.

ALTIS GRAND HOTEL LISBOA Friday 3rd & Saturday 4th March
Opening times Friday 09.30 -17.00 & Saturday 09.30 - 16.00

BEM-VINDO À FEIRA BRITÂNICA DO TRABALHO DE NHS



PRODUZIDA NA ASSOCIAÇÃO COM

SKILLS4NURSES

ALTIS GRAND HOTEL LISBOA
Sexta-feira 3 & Sábado 3 de Março
Sexta-feira 09.30 -17.00 & Sábado 09.30 - 16.00



NOVO TRABALHO, CARREIRA NOVA, ENCONTRE-O AQUI

CONHEÇA EMPREGADORES LÍDERES DO REINO UNIDO
ENCONTRE UM NOVO TRABALHO - TEMOS CENTROS DE OPORTUNIDADES DE TRABALHO

Dentro da SHS estamos apaixonados por alcançar nosso objetivo compartilhado de oferecer atendimento de classe mundial e colocar o paciente em primeiro lugar em todos os momentos. Estamos orgulhosos da nossa reputação, do nosso sistema de saúde nacional e internacional e das pessoas que trabalham para nós. Esta é uma oportunidade fantástica para você vir e conversar com nossos principais hospitais de ponta, conhecer nossa equipe e aprender sobre nossas posições que estão disponíveis para suas habilidades de enfermagem.

O NHS fornece muitas especialidades clínicas, nós cuidamos de adultos e crianças de todo o Reino Unido e além, os nossos enfermeiros também vêm de longe e de largura, já temos muitos enfermeiros portugueses que escolheram o Reino Unido para progredir sua carreira de enfermagem. Seu trabalho pode ser direto ou altamente complexo, de qualquer forma ele fornece um ambiente único em que os enfermeiros são capazes de desenvolver suas habilidades práticas e experiência clínica.

Temos cargos que abrangem todos os aspectos da enfermagem, incluindo; **Enfermagem Geral, Adulto, Pediatria, Cardiologia, Teatro, Recuperação, Anestesiastas, Respiratório, Renal, Cirúrgico, Emergência, Obstetrícia, Oncologia, fisioterapeutas, nutricionistas e muitos mais.**

ESTUDANTES E NOVOS GRADUADOS

Parabéns a todos os que se formaram no último ano e novos estudantes de enfermagem de pós-graduação. Como uma enfermeira recém-qualificada você terá um grande futuro trabalhando para o NHS, junte-se a qualquer uma das nossas equipes estreitas de malha e você irá fornecer cuidados que você vai se orgulhar. Seja qual for a carreira profissional de saúde que você persegue, você será valorizado pelo incrível trabalho que você faz. O melhor de tudo é que você vai gostar das oportunidades de treinamento e desenvolvimento que você precisa para ser o melhor que você pode ser.

Crescer o seu talento é uma parte vital da nossa agenda centrada no paciente. Vamos nutrir você para se tornar totalmente integrado no NHS forma de trabalho, razão pela qual muitos NHS Hospitais agora oferecem um Nursing Preceptorship programa que oferece uma gama de oportunidades de desenvolvimento inovadoras, incluindo; • Sombra por um mentor designado. • Desenvolver suas habilidades clínicas através de estágios em nossa Rede Nacional.

Levando você em uma verdadeira jornada de progressão, daremos as ferramentas e o suporte com a exposição de especialistas! Mas você será o controle total de sua aprendizagem e desenvolvimento, então você deve ter a motivação para ter sucesso.

Em troca de seu trabalho duro e dedicação você vai desfrutar de satisfação no trabalho genuíno e garantia de que você será cuidada para a forma como você cuidar de seus pacientes, com respeito pelas suas necessidades individuais.

ALTIS GRAND HOTEL LISBOA Sexta-feira 3 & Sábado 4 de Março
Sexta-feira 09.30 -17.00 & Sábado 09.30 - 16.00

HELLO PORTUGAL

Join our team and explore the possibilities

WHO ARE WE?

Here at Hampshire Hospitals NHS Foundation Trust (HHFT), our vision is to provide outstanding care for every patient.

We serve a rapidly growing population of more than 600,000 people across Hampshire. HHFT provides care at hospitals in Andover, Basingstoke and Winchester, as well as in the community.

Team HHFT is made up of around 8,600 staff members. At HHFT, we have over 30 medical and surgical specialities. We also work in partnership with other providers to deliver high quality, joined up care.

We provide specialist services to people across the UK and internationally. We are one of only two centres in the UK treating pseudomyxoma peritonei (a rare form of abdominal cancer) and we are leaders in the field of tertiary liver cancer and colorectal cancer.



THE PRINCIPLES THAT GUIDE US

COMPASSIONATE - caring about our patients and each other

ACCOUNTABLE - and responsible, always improving

RESPECTFUL - of all - patients, families, staff and partners

ENCOURAGING - and challenging each other to always do our best

INCLUSIVE - all of our values are encompassed by a culture of inclusivity



Relocating to Hampshire

Hampshire is a county with much to offer its residents; from the breathtaking scenery and calm of the New Forest, to excellent schools and good proximity to major cities such as Winchester with its historic cathedral, Southampton, Basingstoke, Portsmouth and Bournemouth.



Whether you are looking for a quiet village environment in one of the best places to live in the UK, a coastal retreat or a cosmopolitan location with excellent transport links and a wide range of services on your doorstep, Hampshire delivers.



TRAVEL

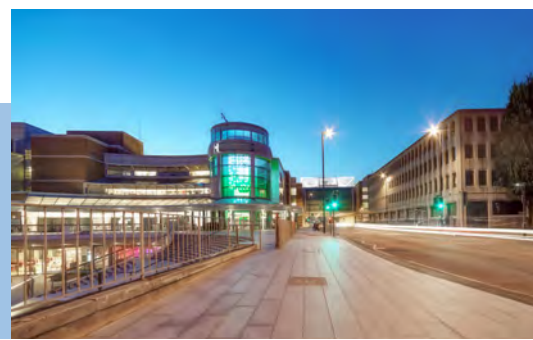
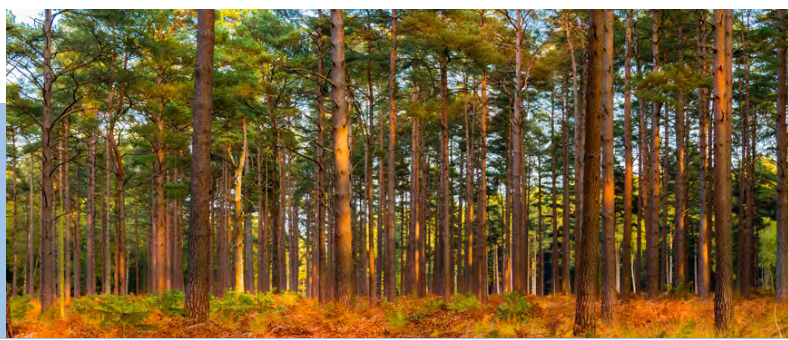
Fast and frequent rail services to London from all parts of the county mean a weekend getaway or West End show is only a short journey away, or benefit from international links with Southampton International Airport and ferry ports along the south coast.

SHOPPING

Hampshire offers an abundance of countryside, woodland and delightful market towns to explore, with the Isle of Wight only a short ferry journey away. This is balanced with superb shopping experiences in Basingstoke's Festival Place, Southampton's West Quay and Portsmouth's Gunwharf Quays.

FAMILIES

For families, Hampshire offers several outstanding state schools, as well as a number of prestigious independent institutions including Sherbourne House School in Chandlers Ford and Winchester College. It also brings endless options of days out or weekends away including the coast, various country parks and theme parks including Paulton's Family Theme Park, Legoland in nearby Windsor and Marwell Zoo near Winchester.



What can we offer you?

We offer a generous relocation package:

- » One way flight to UK and cost of visa
- » Cost of IELTS/OET (one attempt) reimbursed
- » Reimbursement of NMC application & registration
- » 3 months' accommodation
- » Comprehensive Staff Wellbeing offering

In addition, we offer a fabulous 12 month preceptorship programme, including:

- » A mixture of delivered educational days, self-directed learning, and flexibility to negotiate with your preceptor for learning/educational activities that are related to your role.
- » 7.5 hours learning time a month, over a 12 month period.
- » Preceptor support: your department will allocate you a preceptor who will support you on your journey.
- » A portfolio document to evidence your learning and progression. This can contribute to any registration/revalidation requirements for your professional body.

The preceptorship programme allows you the time and space to grow as a practitioner, supporting your transition in a new role either as a newly qualified practitioner, adjusting to working in a new country and healthcare system, or returning to practice.



Meet Nuno

Nuno Oliveira is a charge nurse at Basingstoke and North Hampshire Hospital. He moved to the UK in 2010 and has worked for HHFT since 2022. Read his testimonial below.



ENGLISH

My name is Nuno Fernando de Oliveira, I'm from Porto and I work at Hampshire Hospitals NHS Foundation Trust as the Team Leader for the Post Anaesthetic Care Unit of main theatres at the Basingstoke Hospital. I emigrated to the UK nearly 13 years ago and I've been working for the NHS since then. This was without a doubt the best professional decision I have made in my career. The NHS cared and developed me professionally with opportunities to work in several departments and organisations, alongside colleagues that offered a multicultural perspective of what it means to be a nurse and by academically furthering my knowledge and competencies. I cannot thank the NHS enough for the stability, recognition, and support offered throughout the years, that ultimately led to my biggest dream of starting my family. For those of you wishing to join the Hampshire Hospitals NHS Foundation Trust family, I hope to meet and greet you very soon.

PORTUGUESE

O meu nome é Nuno Fernando de Oliveira, sou do Porto e trabalho para o Hampshire Hospitals NHS Foundation Trust na posição de chefe de equipa da Unidade de Cuidados Pós Anestésicos do bloco operatório principal do Hospital de Basingstoke. Eu emigrei para o Reino Unido há quase 13 anos e trabalho para o NHS desde então. Esta foi sem dúvida alguma, a melhor decisão profissional que tomei na minha carreira. O NHS cuidou e desenvolveu-me profissionalmente através de oportunidades para trabalhar em vários departamentos e organizações, ao lado de colegas que me ofereceram uma perspetiva multicultural do que significa ser enfermeiro, e por academicamente aprofundar os meus conhecimentos e competências. Não consigo agradecer ao NHS o suficiente pela estabilidade, reconhecimento e apoio oferecido ao longo dos anos, que culminou na realização do meu maior sonho de constituir família. Para aqueles que desejam juntar-se à família dos Hampshire Hospitals NHS Foundation Trust, espero poder-vos conhecer e cumprimentar em breve.

**We can't wait for
you to join Team
HHFT!**

Até breve!



Jani's story



Jani completed her nurse training in her native Portugal and joined us in 2012 as a newly qualified nurse. She tells us what the journey has been like for her (and her mum!):

I completed my nurse training in Madeira and came to Bucks Healthcare as a newly qualified nurse. It all happened really quickly; I heard about the job in March, was interviewed in Portugal in April and was here in June. I think my mum was shocked it had all happened so fast – too fast for her!

I arrived in England with a group of other nurses who were also from Portugal. Although I didn't know any of them it was still helpful as we were all going through the same experiences. We were all met at the airport in the UK and travelled by coach to our accommodation - to begin with we all lived in the same nurses' flats, although I moved quite quickly to live with a colleague on my ward who I'd become friendly with. Nursing here is a bit different to nursing in Portugal and obviously the language is different.

On my first day I was told to put my apron on, but I didn't know the word for apron so didn't understand! But fortunately I've never struggled with anything important. It helped that there were quite a few nurses who had come from overseas and had worked at the Trust for a while as they understood what we were all going through and were really patient and supportive.

Since I've been with the Trust I've worked on a few different wards but I like where I work now, the assessment & observation unit, best. I like the fast pace, the busyness of it and the fact that every day is so different and every situation is so unique. I also work with a great team of people and it was the ward sister who really encouraged me to apply for the job. I really like getting that kind of support and encouragement.

Aylesbury is a good place to live too. It's close enough to London to make use of what it can offer (including fantastic Portuguese shops!) but it can also be quiet and calm – a nice mixture. You can get to the airports pretty easily too so I can get cheap flights home, which keeps my mum happy!

Testemunhos

A história da Queen

A Queen juntou-se ao Buckinghamshire Healthcare NHS Trust depois de conhecer a nossa equipa de recrutamento, enquanto estava a estagiar em Glasgow. Ela visitou o Trust apenas uma vez, mas imediatamente soube que valeria a pena a mudança, e, desde então, nunca mais olhou para trás.

Treino e formação com uma família

"Ao olhar para trás, eu não posso acreditar o quão difíceis foram os anos durante a minha formação em Glasgow, mas eu vejo agora que todo aquele trabalho valeu realmente a pena."

"Durante a minha formação eu tinha duas crianças com menos de 18 meses de idade e era a única no meu curso com crianças, um marido e uma casa para cuidar. Nunca me senti isolada por isso, mas só quero com isto dizer que trabalhei arduamente durante esses anos. Os meus colegas costumavam perguntar-me como é que eu conseguia e eu não tinha bem certeza, mas eu sabia que realmente queria isto - eu sabia que queria ser uma enfermeira e não ia deixar que nada o impedisse."

"Mudar tudo desta forma foi para mim um grande risco, mas agora estou aqui para ficar."

"Durante a minha formação tive um enorme apoio por parte da minha família e amigos então, quando me licenciiei, eu sabia que queria estar e trabalhar num ambiente de apoio. Conheci a equipa de recrutamento do Bucks ao mesmo tempo que conheci equipas de outros Trusts de grande renome nacional. Lembro-me que o Bucks oferecia, em papel, uma série de regalias e condições de trabalho. Eles faziam promessas promissoras sobre as quais eu queria saber mais e então decidi visitar o hospital."

O primeiro passo

"Fiquei impressionada com uma série de coisas durante a minha visita ao Bucks mas, acima de tudo, algo aconteceu que me fez pensar e sentir que o Bucks era o local ideal para mim. Fiquei realmente impressionada com o Trust e também com as pessoas locais. A caminho de casa recebi uma chamada de uma pessoa que me disse que tinha encontrado a minha carteira e que gostaria de devolvê-la. Eu nem me tinha apercebido que tinha perdido a carteira, mas fiquei surpreendida por um estranho a tentar devolver. As pessoas em Bucks têm um espírito de comunidade maravilhoso."

"Eu poderia ter ido para um Trust em Londres e receber um pouco mais de dinheiro, mas a felicidade da minha família era a minha prioridade e Buckinghamshire era muito mais orientado para a família. O ambiente no Trust, a



área local, as escolas, tudo sobre a área era perfeito para a minha família."

"Mudei-me para Buckinghamshire em Novembro de 2011 e demorei três meses a instalar-me até a minha família se juntar a mim em Janeiro de 2012. Não demorou muito para nos estabelecermos aqui e em grande parte, isso deve-se ao apoio incrível que recebemos da equipa."

Aproveitando o apoio

"Liderados por um gerente excepcional, a Unidade de Trauma e Ortopedia foi um ótimo lugar para começar a minha carreira. Aprendi imenso e posso dizer honestamente que todos desempenharam um grande papel no meu desenvolvimento."

"Os programa de indução e preceptoría foram intensos, mas realmente úteis. A equipa deu-me grandes bases para o início da minha carreira, e acompanharam-se em tudo. Logo descobri os meus pontos fortes e fracos. Com o apoio dos outros recém-chegados e da equipa na minha ala, eu cresci e aprendi rapidamente enquanto exercia as minhas funções."

"18 meses depois candidatei-me a uma posição na Unidade de Cuidados Intensivos, que era um dos lugares onde eu queria trabalhar desde que fiz uma colocação de estágio enquanto estudante. Estou aqui desde Abril de 2013 e ainda me lembro como fui bem recebida por esta equipa."

"Durante toda a minha estadia neste Trust nunca me senti isolada. Tenho estado rodeada de equipas úteis e solidárias que fazem qualquer coisa para ajudar e que estão sempre à disposição." "Olhando para trás, de volta à equipa de recrutamento que conheci há três anos, todas as promessas que fizeram sobre uma vida e uma carreira neste Trust foram cumpridas. É uma localidade fantástica, com uma equipa maravilhosa, compreensiva e que oferece um apoio constante."

"Mudar tudo desta forma foi para mim um grande risco, mas agora estou aqui para ficar."

Já considerou trabalhar como enfermeiro ou parteira?

Enfermeiro de bloco, parteiras, enfermeiros gerais

Poole Hospital é um hospital premiado em diversas áreas e fica situado na costa sul de Inglaterra

Nós oferecemos fantásticas oportunidades de desenvolvimento e liderança, com um programa dedicado a enfermeiros que venham do estrangeiro

**Visite www.poole.nhs.uk/nursing
Contato nursing@poole.nhs.uk**

r como no UK?

is

ormação,
a de suporte
geiro

Sandbanks, Poole

Image © Poole Tourism

Para tudo o que queres ser,
escolhe Poole



Chelsea and Westminster Hospital
NHS Foundation Trust



Your maternity career at Chelsea and Westminster Hospital NHS Foundation Trust

A recruitment guide for midwives
and neonatal nurses

Join our award-winning maternity services

Who we need

- We are recruiting for qualified midwives and qualified neonatal specialist nurses
- There are a number of positions available, at different levels of experience and expertise
- We offer part-time or full-time working patterns
- Applicants can join us on a permanent or fixed-term basis

What we offer

- The development of your career in one of the world's most exciting capital cities
- One way flight to the UK and sponsorship of a skilled worker visa
- On-site accommodation conveniently located within about a 5-minute walk from the hospitals
- Competitive salary and pension
- Generous annual leave allowance
- Subsidised childcare and discounts on gym membership
- Flexible working and shift based working patterns



Hear from Nusi, one of our midwives

“

I always wanted to become a midwife from a young age, so I picked health and science courses to help steer me towards this career.

At Chelsea and Westminster hospital we are a supportive team. We want to help midwives on their journey to becoming confident practitioners.

”

Nusi



Everyone belongs, so you belong.



Get in touch to start your career journey with us.



The recruitment team are
available to provide support from
9am–5pm, Mon–Fri.

To contact the team please call
the Trust switchboard and ask
for 'Recruitment team, Human
Resources Department'.

T: 020 3315 8000

Carlos' story

Carlos qualified in Portugal but has fallen in love with our country. Here he tells us about all the good things.



After I qualified I worked for three years in Portugal but was attracted to working in England as it was near home, I could speak the language and I thought it would open doors for me in nursing around the world.

But three and a half years later I'm still here and have no plans to leave. I kind of fell in love with this country! Except the food and the weather...! But everything else is good; the people are lovely, work is great and we're between two amazing cities of Oxford and London, which are so easy to get to for days or nights out.

My weekends are full of socialising with friends from the ward and from outside work. There is so much live music around here, particularly in the summer when my weekends are packed with music festivals.

Working in the National Spinal Injuries Centre (NSIC) is fantastic. I was initially on the rehab ward which was a big change after working in A&E back in Portugal, but it's possible to progress your career here and I'm now deputy charge nurse on the acute ward in the NSIC.

Obviously the centre is a unique place and has an important place in history as the birthplace of the Paralympic movement, but just as important are the patients.

Our patients are sometimes here for such a long time that we really get to know them and they become more like friends. When they return you can see the outcome of your work, they remember your name and you're part of their lives.



Testemunhos

Olá a todos!

Ja passaram 5 meses desde que eu cheguei ao Reino Unido. Parece que foi ontem que eu fui ao Atlas Hotel em Lisboa para a minha primeira entrevista mas, foi em Janeiro deste ano. Tomei conhecimento do Skills4Nurses através de um panfleto numa universidade e decidi candidatar-me, inicialmente apenas para verificar o nível do meu Inglês.

As coisas mudaram quando eu conheci toda a equipa envolvida. O Jim Brown da Skills4Nurses e toda a equipa do Hospital que estavam lá naquele dia em Janeiro. Eles são todos pessoas muito simpáticas e agradáveis ___que estão disponíveis a ajudar e fizeram-me sentir muito bem vinda. O meu Inglês não era muito bom e eu ainda tenho algumas dificuldades neste momento, mas eu sinto-me muito mais confiante e confortável agora do que no início. Felizmente o meu Inglês era bom o suficiente para eles me recrutarem e, aqui estou eu, vivendo uma nova experiência! Não tenham medo. Se não conseguem entender tudo o que eles dizem ou comunicar todas as coisas que desejam, com a prática vão chegar lá!

Há muitas coisas que são diferentes aqui, algumas delas mais difíceis de nos acostumar-mos do que os outras, mas não há lugares perfeitos e devemos tentar pensar que, se algo correr bem, é ótimo, mas se isso não acontecer, é sempre uma experiência a nível profissional e pessoal que ninguém vos pode tirar!

Vânia Moraes

Olá

Cheguei a Sunderland há precisamente 2 meses. Esta Aventura iniciou-se em Janeiro 2014, em Lisboa no Hotel Atlas, quando conheci o Jim e a sua equipa, assim como o staff do hospital. Gostei da entrevista, do que me apresentaram e do que me propuseram, mas não decidi logo na altura. Ainda fiz mais duas entrevistas com diferentes firmas de recrutamento e para diferentes regiões de Inglaterra. Depois de alguns meses de reflexão em família, de estudarmos as diversas propostas e áreas que nos tinham sido apresentadas, acabámos por escolher.

O Hospital pagou as viagens, a inscrição no NMC, e dois meses de alojamento Tudo isto foi reembolsado ao fim de 1 semana de cá estarmos.

A maior dificuldade tem sido a língua, devido ao dialeto local, mas temos sentido um grande apoio por parte de toda a equipa do hospital, sempre prontos a ajudar e a esclarecer dúvidas.

Quanto à prática de enfermagem, de facto, nós portugueses temos uma formação de base muito boa e facilmente nos distinguimos dentro de um serviço, daí a procura por enfermeiros portugueses ser tão grande.

Arriscámos vir para cá. Já com mais de 20 anos de experiência de profissão em Portugal, sabíamos que no princípio não iria ser fácil, mas todos os obstáculos têm sido ultrapassados e esperamos ficar por cá alguns anos. Cada vez mais somos cidadãos do mundo, não podemos estar alocados a uma cidade, região ou país, se não nos sentirmos recompensados pelo que fazemos num dado local, seja financeiramente ou profissionalmente e, se tivermos oportunidade, podemos e devemos procurar uma “nova vida” pois a satisfação profissional é fundamental para o nosso equilíbrio psicológico. Temos duas filhas e também foi a pensar no futuro delas que nos mudámos.

João Hipólito

UK HOSPITALS NEED YOU **NOW !!!**

We are returning to Portugal to recruit, so come along to our JOBS FAIR



JOBS FAIR LISBON 2023

Friday 3rd & Saturday 4th March

Friday 09.30 -17.00

Saturday 09.30 - 16.00

**Hotel Altis, Rua Castilho, n.º 13A,
1269-072 Lisboa**

Tel: 808 200 504

For further information email:

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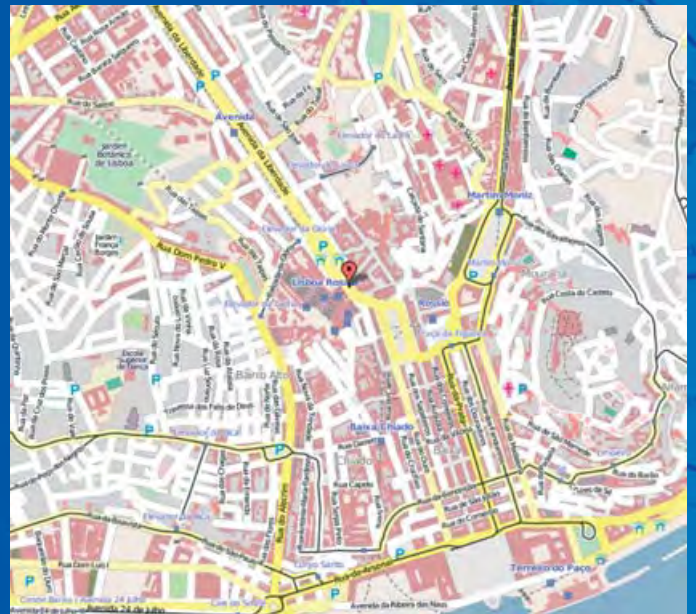
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